

Sumário de resultados

Piscina 25m, FINA 2004

Dinis Andre Marques		3.1.93	25204	Columbófila/Cantanhedense		
50m Livres		31.42	28.39	82%		311 Pt.
50m Livres		29.29	28.39	94%		383 Pt.
50m Livres		30.31	28.39	88%		346 Pt.
50m Livres		31.38	28.39	82%		312 Pt.
50m Livres		33.21	28.39	73%		263 Pt.
100m Livres		1:02.63	1:00.51	93%		417 Pt.
100m Livres		1:04.72	1:00.51	87%		378 Pt.
100m Livres		1:08.59	1:00.51	78%		317 Pt.
100m Livres		1:05.36	1:00.51	86%		367 Pt.
200m Livres		2:13.56	2:08.43	92%		462 Pt.
200m Livres		2:19.69	2:08.43	85%		404 Pt.
200m Livres		2:13.29	2:08.43	93%		465 Pt.
400m Livres		4:43.96	4:28.51	89%		460 Pt.
400m Livres		4:34.02	4:28.51	96%		511 Pt.
800m Livres		9:36.49	9:36.87	100%	RP	505 Pt.
1500m Livres		18:09.87	18:17.41	101%	RP	513 Pt.
50m Mariposa		36.27	33.70	86%		253 Pt.
100m Mariposa		1:18.84	1:12.36	84%		263 Pt.
200m Mariposa		2:46.78	2:46.93	100%	RP	307 Pt.
Fonseca David Jose		23.7.94	25206	Columbófila/Cantanhedense		
50m Livres		34.49	30.34	77%		235 Pt.
50m Livres		30.74	30.34	97%		332 Pt.
50m Livres		29.85	30.34	103%	RP	362 Pt.
50m Livres		28.60	30.34	113%	RP	412 Pt.
100m Livres		1:12.14	1:02.02	74%		273 Pt.
100m Livres		1:04.70	1:02.02	92%		378 Pt.
100m Livres		1:01.76	1:02.02	101%	RP	435 Pt.
200m Livres		2:27.20	2:15.60	85%		345 Pt.
200m Livres		2:14.15	2:15.60	102%	RP	456 Pt.
400m Livres		4:59.21	4:41.47	88%		393 Pt.
800m Livres		9:59.54	10:21.10	107%	RP	449 Pt.
1500m Livres		18:45.27	19:32.30	109%	RP	466 Pt.
50m Mariposa		35.06	34.90	99%		280 Pt.
100m Mariposa		1:15.61	1:17.19	104%	RP	299 Pt.
200m Mariposa		2:41.84	2:42.50	101%	RP	335 Pt.
Girao Diogo Cunha		23.11.94	25208	Columbófila/Cantanhedense		
50m Livres		32.04	29.84	87%		293 Pt.
50m Livres		30.55	29.84	95%		338 Pt.
100m Livres		1:03.92	1:01.45	92%		392 Pt.
100m Livres		1:07.21	1:01.45	84%		337 Pt.
200m Livres		2:17.20	2:08.65	88%		427 Pt.
200m Livres		2:11.82	2:08.65	95%		481 Pt.
400m Livres		4:38.21	4:24.09	90%		489 Pt.
400m Livres		4:29.07	4:24.09	96%		540 Pt.
800m Livres		9:25.11	9:18.90	98%		536 Pt.
1500m Livres		17:52.65	17:34.53	97%		538 Pt.
50m Costas		34.76	34.17	97%		318 Pt.
100m Costas		1:11.54	1:09.52	94%		365 Pt.
200m Costas		2:25.82	2:26.27	101%	RP	452 Pt.
50m Mariposa		33.84	34.79	106%	RP	312 Pt.
100m Mariposa		1:12.51	1:13.14	102%	RP	339 Pt.
100m Mariposa		1:12.23	1:13.14	103%	RP	343 Pt.
200m Mariposa		2:29.68	2:39.58	114%	RP	424 Pt.
400m Estilos		5:07.30	5:14.99	105%	RP	505 Pt.

Lopes Filipa Goncalves	28.3.94	106841				Columbófila/Cantanhedense
50m Livres			35.52	34.27	93%	316 Pt.
50m Livres			34.13	34.27	101%	RP 356 Pt.
50m Livres			36.07	34.27	90%	302 Pt.
50m Livres			37.10	34.27	85%	277 Pt.
50m Livres		12	32.89	34.27	109%	RP 398 Pt.
100m Livres		18	1:12.23	1:13.98	105%	RP 391 Pt.
100m Livres			1:17.33	1:13.98	92%	318 Pt.
100m Livres			1:14.89	1:13.98	98%	350 Pt.
100m Livres			1:17.18	1:13.98	92%	320 Pt.
200m Livres			2:38.25	2:37.13	99%	384 Pt.
200m Livres		11	2:40.77	2:37.13	96%	366 Pt.
200m Livres			2:36.52	2:37.13	101%	RP 397 Pt.
400m Livres		11	5:24.01	5:29.43	103%	RP 413 Pt.
400m Livres			5:29.07	5:29.43	100%	RP 394 Pt.
800m Livres		8	11:11.53	--		RP 404 Pt.
50m Costas			39.65	40.17	103%	RP 324 Pt.
100m Costas		9	1:21.54	1:24.04	106%	RP 365 Pt.
Lopes Pedro Fragoso	5.4.90	12075				Columbófila/Cantanhedense
50m Livres			28.44	26.52	87%	419 Pt.
50m Livres			28.21	26.52	88%	429 Pt.
50m Livres		3	25.96	26.52	104%	RCSC651 Pt.
100m Livres			58.57	56.02	91%	510 Pt.
100m Livres		7	57.44	56.02	95%	541 Pt.
200m Livres		4	2:00.67	2:01.61	102%	RCSC627 Pt.
50m Mariposa			28.92	27.24	89%	500 Pt.
50m Mariposa		2	27.43	27.24	99%	586 Pt.
100m Mariposa			1:04.29	59.01	84%	486 Pt.
100m Mariposa		3	1:00.65	59.01	95%	579 Pt.
400m Estilos		2	4:54.51	4:51.81	98%	574 Pt.
Meneses Gustavo Alexandre	10.8.92	12078				Columbófila/Cantanhedense
50m Livres			28.14	26.90	91%	432 Pt.
100m Livres		9	58.41	58.07	99%	514 Pt.
50m Costas			31.95	30.04	88%	410 Pt.
100m Costas		6	1:05.13	1:03.76	96%	484 Pt.
50m Bruços			36.91	32.59	78%	379 Pt.
50m Bruços			33.15	32.59	97%	523 Pt.
50m Bruços		2	32.90	32.59	98%	535 Pt.
100m Bruços			1:18.19	1:10.42	81%	412 Pt.
100m Bruços		3	1:12.07	1:10.42	95%	527 Pt.
200m Bruços		4	2:39.58	2:42.66	104%	RP 495 Pt.
100m Estilos		5	1:05.80	1:20.29	149%	RCSC632 Pt.
Neto Hugo Neves	9.8.94	110453				Columbófila/Cantanhedense
50m Livres			32.23	32.07	99%	288 Pt.
50m Livres			30.46	32.07	111%	RP 341 Pt.
50m Livres			28.94	32.07	123%	RP 398 Pt.
100m Livres			1:07.53	1:08.57	103%	RP 333 Pt.
100m Livres			1:04.31	1:08.57	114%	RP 385 Pt.
200m Livres			2:18.64	2:25.93	111%	RP 413 Pt.
50m Bruços			41.37	38.59	87%	269 Pt.
50m Bruços			37.95	38.59	103%	RP 349 Pt.
100m Bruços			1:28.57	1:25.17	92%	284 Pt.
200m Bruços			3:03.58	3:01.06		DC 325 Pt.

Silva Tiago Andre	27.11.94	26578	Columbófila/Cantanhedense				
50m Livres			32.03	32.43	103%	RP	293 Pt.
100m Livres			1:08.11	1:07.22	97%		324 Pt.
200m Livres		Est	2:22.37	2:24.99	104%	RP	382 Pt.
200m Livres			2:22.06	2:24.99	104%	RP	384 Pt.
50m Bruços			40.60	40.13	98%		285 Pt.
50m Bruços			39.77	40.13	102%	RP	303 Pt.
100m Bruços			1:26.04	1:25.65	99%		310 Pt.
100m Bruços			1:24.20	1:25.65	103%	RP	330 Pt.
200m Bruços			2:57.18	2:58.38	101%	RP	362 Pt.
50m Mariposa			32.70	33.31	104%	RP	346 Pt.
100m Mariposa			1:15.42	1:13.93	96%		301 Pt.
400m Estilos			5:29.09	6:06.72	124%	RP	412 Pt.

4 x 200m Livres Masc.	:	Silva Tiago Andre	2:22.37	Girao Diogo Cunha	2:09.03	9:07.42
		Fonseca David Jose	2:15.81	Neto Hugo Neves	2:20.21	

Total 113 resultados individuais, desempenho médio: 96,8%

3 novos rec. Clube, 44 novos rec. pessoais

Maior melhoria: Meneses Gustavo Alexandre, 100m Estilos 1:05.80