

Sumário de resultados

Piscina 25m, FINA 2008

Alves Ana Pinto	96 :	50m Livres		38.41	36.81	92%		238 Pt.
		100m Livres	17	1:19.27	1:17.22	95%		289 Pt.
		50m Costas		43.02	42.22	96%		242 Pt.
		100m Costas	12	1:26.72	1:26.59	100%		292 Pt.
		50m Bruços		46.83	47.42	103%	RP	265 Pt.
		100m Bruços	14	1:37.74	1:42.10	109%	RP	293 Pt.
		50m Mariposa		41.00	39.16	91%		242 Pt.
		100m Mariposa	7	1:25.78	1:29.34	108%	RP	284 Pt.
		200m Estilos	13	3:05.43	2:57.19	91%		330 Pt.
		Alves Tiago Miguel	95 :	50m Livres		31.05	30.19	95%
100m Livres	8			1:05.89	1:03.64	93%		350 Pt.
50m Costas				37.85	39.84	111%	RP	238 Pt.
100m Costas	10			1:16.73	1:21.50	113%	RP	285 Pt.
50m Bruços				39.84	41.62	109%	RP	296 Pt.
100m Bruços	8			1:25.74	1:30.02	110%	RP	307 Pt.
50m Mariposa				36.16	34.33	90%		250 Pt.
50m Mariposa				35.36	34.33	94%		268 Pt.
100m Mariposa				1:16.83	1:16.85	DC		279 Pt.
200m Estilos	8			2:39.87	2:38.13	98%		361 Pt.
Dinis Andre Marques	93 :	50m Livres		29.52	27.54	87%		365 Pt.
		100m Livres	4	1:00.17	1:00.17	100%		460 Pt.
		50m Costas		38.61	38.71	101%	RP	224 Pt.
		100m Costas	8	1:18.41	1:18.42	100%	RP	267 Pt.
		50m Bruços		39.35	38.46	96%		308 Pt.
		100m Bruços	8	1:22.81	1:21.59	97%		340 Pt.
		50m Mariposa		34.34	33.70	96%		292 Pt.
		50m Mariposa		33.06	33.70	104%	RP	328 Pt.
		100m Mariposa	8	1:11.97	1:12.36	101%	RP	339 Pt.
		200m Estilos	8	2:37.32	2:35.90	98%		379 Pt.
Fonseca David Jose	94 :	50m Livres		29.55	27.88	89%		364 Pt.
		100m Livres	5	59.91	1:01.67	106%	RP	466 Pt.
		50m Costas		34.81	37.57	116%	RP	306 Pt.
		100m Costas	8	1:10.67	1:13.49	108%	RP	364 Pt.
		50m Bruços		38.92	41.34	113%	RP	318 Pt.
		100m Bruços	13	1:21.95	1:27.63	114%	RP	351 Pt.
		50m Mariposa		32.87	34.90	113%	RP	333 Pt.
		50m Mariposa		32.55	34.90	115%	RP	343 Pt.
		100m Mariposa		1:09.11	1:15.12	DC		383 Pt.
		200m Estilos	8	2:31.34	2:37.55	108%	RP	426 Pt.
Girao Diogo Cunha	94 :	50m Livres		29.09	29.84	105%	RP	382 Pt.
		100m Livres	2	59.58	1:01.45	106%	RP	474 Pt.
		50m Costas		33.00	31.90	93%		359 Pt.
		100m Costas	Est	1:07.00	1:07.28	101%	RP	427 Pt.
		100m Costas	3	1:06.62	1:07.28	102%	RP	435 Pt.
		50m Bruços		38.00	41.30	118%	RP	341 Pt.
		100m Bruços	9	1:19.12	1:26.08	118%	RP	390 Pt.
		50m Mariposa		32.88	31.86	94%		333 Pt.
		50m Mariposa		31.97	31.86	99%		362 Pt.
		100m Mariposa	2	1:06.82	1:06.28	98%		424 Pt.
200m Estilos	3	2:24.24	2:31.43	110%	RP	492 Pt.		

Grilo Joao Nuno	96 :	50m Livres		34.38	33.27	94%		231 Pt.		
		100m Livres	9	1:13.65	1:13.07	98%		251 Pt.		
		50m Costas		39.90	44.15	122%	RP	203 Pt.		
		100m Costas	9	1:22.94	1:31.56	122%	RP	225 Pt.		
		50m Bruços		42.23	45.85	118%	RP	249 Pt.		
		100m Bruços	5	1:30.13	1:37.55	117%	RP	264 Pt.		
		50m Mariposa		38.13	37.33	96%		214 Pt.		
		50m Mariposa		39.12	37.33	91%		198 Pt.		
		100m Mariposa		1:27.10	1:24.81		DC	191 Pt.		
		200m Estilos	6	2:54.96	2:52.53	97%		276 Pt.		
		Lopes Pedro Fragoso	90 :	50m Livres		27.65	25.96	88%		444 Pt.
				100m Livres	5	57.49	55.99	95%		527 Pt.
50m Costas				32.11	31.09	94%		390 Pt.		
100m Costas	6			1:06.83	1:04.64	94%		431 Pt.		
50m Bruços				35.07	34.32	96%		434 Pt.		
100m Bruços	6			1:14.39	1:12.37	95%		470 Pt.		
50m Mariposa				29.15	27.24	87%		478 Pt.		
50m Mariposa				28.47	27.24	92%		513 Pt.		
100m Mariposa	2			1:00.60	59.01	95%		568 Pt.		
200m Estilos	5			2:21.66	2:16.89	93%		519 Pt.		
Machado Florbela Cavaco	96 :			50m Livres		31.52	31.55	100%	RP	431 Pt.
				100m Livres	1	1:04.67	1:06.22	105%	RP	533 Pt.
		50m Costas		39.05	44.71	131%	RP	324 Pt.		
		100m Costas	6	1:18.46	1:32.54	139%	RP	394 Pt.		
		50m Bruços		42.12	45.42	116%	RP	364 Pt.		
		100m Bruços	3	1:28.12	1:37.23	122%	RP	400 Pt.		
		50m Mariposa		34.93	35.42	103%	RP	391 Pt.		
		50m Mariposa		35.75	35.42	98%		365 Pt.		
		100m Mariposa	2	1:15.70	1:15.31	99%		414 Pt.		
		200m Estilos	1	2:40.80	2:45.84	106%	RP	507 Pt.		
		Meneses Gustavo Alexand	92 :	50m Livres		28.22	26.90	91%		418 Pt.
				100m Livres	8	58.83	56.54	92%		492 Pt.
50m Costas				32.43	30.04	86%		379 Pt.		
100m Costas	Est			1:05.49	1:02.94	92%		458 Pt.		
100m Costas	5			1:04.88	1:02.94	94%		471 Pt.		
50m Bruços				33.17	32.59	97%		513 Pt.		
100m Bruços	2			1:11.25	1:09.62	95%		534 Pt.		
50m Mariposa				32.84	28.89	77%		334 Pt.		
50m Mariposa				31.91	28.89	82%		364 Pt.		
100m Mariposa	10			1:07.91	1:07.00	97%		404 Pt.		
200m Estilos	7			2:26.50	2:19.87	91%		469 Pt.		
Neto Hugo Neves	94 :			50m Livres		29.49	28.94	96%		366 Pt.
		100m Livres	11	1:02.87	1:04.31	105%	RP	403 Pt.		
		50m Costas		37.03	42.68	133%	RP	254 Pt.		
		100m Costas	13	1:16.53	1:28.76	135%	RP	287 Pt.		
		50m Bruços		36.82	37.72	105%	RP	375 Pt.		
		100m Bruços	7	1:18.40	1:23.88	114%	RP	401 Pt.		
		50m Mariposa		32.53	36.58	126%	RP	344 Pt.		
		50m Mariposa		33.39	36.58	120%	RP	318 Pt.		
		100m Mariposa	9	1:13.21	1:19.96	119%	RP	322 Pt.		
		200m Estilos	10	2:34.88	2:49.23	119%	RP	397 Pt.		

Pereira Renan Camara	93 :	50m Livres		29.39	30.28	106%	RP	370 Pt.		
		100m Livres	7	1:02.11	1:01.64	98%		418 Pt.		
		50m Costas		36.61	36.49	99%		263 Pt.		
		100m Costas	7	1:16.47	1:14.48	95%		287 Pt.		
		50m Bruços		35.12	34.27	95%		433 Pt.		
		100m Bruços	5	1:16.36	1:13.55	93%		434 Pt.		
		50m Mariposa		32.98	31.82	93%		330 Pt.		
		50m Mariposa		32.34	31.82	97%		350 Pt.		
		100m Mariposa	7	1:11.91	1:09.66	94%		340 Pt.		
		200m Estilos	7	2:35.31	2:29.57	93%		394 Pt.		
		Ramos Bruno Filipe	96 :	50m Livres		39.99	44.91	126%	RP	147 Pt.
				100m Livres	19	1:25.07	1:36.11	128%	RP	163 Pt.
50m Costas				47.89	54.93	132%	RP	118 Pt.		
100m Costas	18			1:36.25	1:52.23	136%	RP	144 Pt.		
50m Bruços				52.17	55.48	113%	RP	132 Pt.		
100m Bruços	19			1:50.51	1:57.45	113%	RP	143 Pt.		
50m Mariposa				52.55	56.89	117%	RP	82 Pt.		
50m Mariposa				51.12	56.89	124%	RP	89 Pt.		
100m Mariposa	17			1:49.79	1:59.51	118%	RP	96 Pt.		
200m Estilos				3:26.76	--	DC		167 Pt.		
Santos Carlos Eduardo	96 :			50m Livres		34.38	35.25	105%	RP	231 Pt.
				100m Livres	8	1:13.01	1:15.10	106%	RP	258 Pt.
		50m Costas		40.40	40.75	102%	RP	196 Pt.		
		100m Costas	8	1:22.86	1:23.47	101%	RP	226 Pt.		
		50m Bruços		44.63	43.57	95%		211 Pt.		
		100m Bruços	11	1:36.24	1:33.52	94%		217 Pt.		
		50m Mariposa		42.54	40.70	92%		154 Pt.		
		50m Mariposa		42.04	40.70	94%		159 Pt.		
		100m Mariposa	12	1:35.47	1:39.12	108%	RP	145 Pt.		
		200m Estilos	11	3:02.06	2:59.12	97%		245 Pt.		
		Santos Diogo Andre	96 :	50m Livres		32.47	32.36	99%		274 Pt.
				100m Livres	4	1:07.65	1:07.03	98%		324 Pt.
50m Costas				36.06	36.36	102%	RP	275 Pt.		
100m Costas	4			1:14.78	1:15.71	103%	RP	307 Pt.		
50m Bruços				42.17	42.65	102%	RP	250 Pt.		
100m Bruços	3			1:30.03	1:32.55	106%	RP	265 Pt.		
50m Mariposa				36.02	36.68	104%	RP	253 Pt.		
50m Mariposa				37.16	36.68	97%		231 Pt.		
100m Mariposa	8			1:26.77	1:23.42	92%		194 Pt.		
200m Estilos	2			2:44.64	2:44.86	100%	RP	331 Pt.		
Silva Tiago Andre	94 :			50m Livres		31.78	32.03	102%	RP	293 Pt.
				100m Livres	13	1:05.41	1:04.29	97%		358 Pt.
		50m Costas		38.55	39.18	103%	RP	225 Pt.		
		100m Costas	14	1:17.99	1:20.17	106%	RP	271 Pt.		
		50m Bruços		38.82	39.77	105%	RP	320 Pt.		
		100m Bruços	12	1:21.84	1:24.20	106%	RP	353 Pt.		
		50m Mariposa		34.41	32.27	88%		291 Pt.		
		50m Mariposa		34.87	32.27	86%		279 Pt.		
		100m Mariposa	10	1:13.60	1:12.30	96%		317 Pt.		
		200m Estilos	12	2:36.88	2:40.60	105%	RP	382 Pt.		
		4 x 100m Estilos Masc.	:	Girao Diogo Cunha	1:07.00	Fonseca David Jose	1:08.19	3	4:37.17	
				Neto Hugo Neves	1:19.32	Silva Tiago Andre	1:02.66			
4 x 100m Estilos Masc.	:	Meneses Gustavo Alexandre	1:05.49	Lopes Pedro Fragoso	1:01.09		4:23.13			
		Pereira Renan Camara	1:16.25	Dinis Andre Marques	1:00.30					

Total 151 resultados individuais, desempenho médio: 103,0%
0 novos rec. Clube, 74 novos rec. pessoais
Maior melhoria: Machado Florbela Cavaco, 100m Costas 1:18.46