

Sumário de resultados

Piscina 25m, FINA 2004

Nome	Tempo	Id	Columbófila/Cantanhedense			
Alves Ana Pinto	5.7.96	102767	Columbófila/Cantanhedense			
50m Livres			37.58	36.81	96%	267 Pt.
100m Livres			1:18.23	1:17.22	97%	307 Pt.
200m Livres			2:42.07	2:38.47	96%	357 Pt.
400m Livres	5		5:27.68	5:27.70	100%	RP 399 Pt.
50m Costas			43.67	42.22	93%	243 Pt.
100m Costas			1:30.84	1:26.59	91%	264 Pt.
200m Costas	11		3:05.03	3:01.65	96%	308 Pt.
50m Bruços			47.42	48.63	105%	RP 260 Pt.
100m Bruços			1:42.71	1:42.10	99%	259 Pt.
200m Bruços	8		3:32.88	3:44.26	111%	RP 286 Pt.
50m Mariposa			43.79	43.06	97%	209 Pt.
200m Estilos	7		3:09.36	3:04.67	95%	315 Pt.
Alves Tiago Miguel	10.6.95	102773	Columbófila/Cantanhedense			
50m Livres			33.78	33.29	97%	250 Pt.
100m Livres			1:11.81	1:10.45	96%	277 Pt.
200m Livres			2:30.73	2:26.77	95%	322 Pt.
400m Livres	8		5:05.42	5:33.34	119%	RP 369 Pt.
50m Bruços			43.32	43.80	102%	RP 234 Pt.
100m Bruços			1:31.20	1:34.19	107%	RP 260 Pt.
200m Bruços	2		3:07.32	3:11.38	104%	RP 306 Pt.
50m Mariposa			38.45	37.34	94%	213 Pt.
50m Mariposa			38.27	37.34	95%	216 Pt.
100m Mariposa			1:24.74	1:20.63	91%	212 Pt.
200m Mariposa	1		3:01.09	2:58.07	97%	239 Pt.
200m Estilos	9		2:53.78	2:50.41	96%	291 Pt.
Dinis Andre Marques	3.1.93	25204	Columbófila/Cantanhedense			
50m Livres			32.66	28.39	76%	277 Pt.
100m Livres			1:08.44	1:00.51	78%	320 Pt.
200m Livres			2:20.66	2:08.43	83%	396 Pt.
400m Livres	3		4:46.15	4:28.51	88%	449 Pt.
50m Costas			40.48	38.71	91%	201 Pt.
100m Costas			1:23.15	1:18.42	89%	233 Pt.
200m Costas	4		2:48.19	--		RP 295 Pt.
50m Bruços			42.02	38.46	84%	257 Pt.
100m Bruços			1:29.75	1:21.59	83%	273 Pt.
200m Bruços	4		3:05.73	--		RP 314 Pt.
50m Mariposa			36.78	33.70	84%	243 Pt.
200m Estilos	8		2:43.02	2:35.90	91%	353 Pt.
Figueira Jose Miguel	4.10.95	106355	Columbófila/Cantanhedense			
50m Livres			35.92	35.70	99%	208 Pt.
100m Livres			1:16.93	1:18.72	105%	RP 225 Pt.
200m Livres			2:39.32	2:54.20	120%	RP 272 Pt.
400m Livres	12		5:25.30	5:52.52	117%	RP 306 Pt.
50m Bruços			48.34	45.44	88%	169 Pt.
100m Bruços			1:42.34	1:37.94	92%	184 Pt.
200m Bruços	7		3:27.22	3:53.52	127%	RP 226 Pt.
50m Mariposa			40.78	48.27	140%	RP 178 Pt.
50m Mariposa			45.74	48.27	111%	RP 126 Pt.
100m Mariposa			1:39.91	1:48.59	118%	RP 129 Pt.
200m Mariposa			2:55.36	--	DC	264 Pt.
200m Estilos	13		3:04.43	3:16.87	114%	RP 244 Pt.

Figueira Miguel Angelo	26.7.95	26577					Columbófila/Cantanhedense
50m Livres			34.82	32.59	88%		228 Pt.
100m Livres			1:13.68	1:06.69	82%		256 Pt.
200m Livres			2:32.35	2:24.04	89%		312 Pt.
400m Livres	9		5:11.96	5:19.14	105%	RP	347 Pt.
50m Costas			38.77	36.72	90%		229 Pt.
100m Costas			1:20.15	1:16.47	91%		260 Pt.
200m Costas	3		2:44.95	2:42.50	97%		313 Pt.
50m Bruços			44.85	43.74	95%		211 Pt.
100m Bruços			1:36.52	1:33.40	94%		219 Pt.
200m Bruços	4		3:23.35	3:10.74	88%		239 Pt.
50m Mariposa			37.97	36.32	91%		221 Pt.
200m Estilos	7		2:51.45	2:43.89	91%		303 Pt.
Fonseca David Jose	23.7.94	25206					Columbófila/Cantanhedense
50m Livres			31.93	30.34	90%		296 Pt.
100m Livres			1:06.53	1:03.81	92%		348 Pt.
200m Livres			2:18.13	2:15.60	96%		418 Pt.
400m Livres	2		4:41.47	4:43.00	101%	RP	472 Pt.
50m Bruços			41.34	43.41	110%	RP	270 Pt.
100m Bruços			1:27.63	1:31.33	109%	RP	293 Pt.
200m Bruços	6		3:00.77	--		RP	341 Pt.
50m Mariposa			34.90	36.01	106%	RP	284 Pt.
50m Mariposa			36.02	36.01	100%		259 Pt.
100m Mariposa			1:17.19	1:17.83	102%	RP	281 Pt.
200m Mariposa	3		2:42.50	--		RP	331 Pt.
200m Estilos	7		2:37.55	2:43.80	108%	RP	391 Pt.
Girao Diogo Cunha	23.11.94	25208					Columbófila/Cantanhedense
50m Livres			30.85	29.84	94%		328 Pt.
100m Livres	Est		1:02.28	1:01.45	97%		424 Pt.
100m Livres			1:04.88	1:01.45	90%		375 Pt.
200m Livres			2:16.24	2:08.65	89%		436 Pt.
400m Livres	3		4:41.82	4:31.58	93%		470 Pt.
100m Costas	Est		1:12.97	1:09.52	91%		344 Pt.
50m Bruços			41.76	41.30	98%		262 Pt.
100m Bruços			1:27.40	1:26.08	97%		295 Pt.
200m Bruços	4		2:58.31	--		RP	355 Pt.
50m Mariposa			34.79	34.90	101%	RP	287 Pt.
50m Mariposa			35.52	34.90	97%		270 Pt.
100m Mariposa			1:16.02	1:13.14	93%		294 Pt.
200m Mariposa	1		2:39.58	--		RP	350 Pt.
200m Estilos	6		2:31.43	2:36.73	107%	RP	440 Pt.
Grilo Joao Nuno	28.9.96	100522					Columbófila/Cantanhedense
50m Livres			34.25	33.27	94%		240 Pt.
100m Livres	Est		1:14.20	1:16.68	107%	RP	251 Pt.
100m Livres			1:14.28	1:16.68	107%	RP	250 Pt.
200m Livres			2:39.15	2:58.15	125%	RP	273 Pt.
400m Livres	5		5:31.61	6:59.80	160%	RP	289 Pt.
50m Bruços			45.85	49.76	118%	RP	198 Pt.
100m Bruços			1:37.55	1:43.94	114%	RP	212 Pt.
200m Bruços	3		3:23.47	--		RP	239 Pt.
50m Mariposa			39.27	42.47	117%	RP	200 Pt.
50m Mariposa			38.98	42.47	119%	RP	204 Pt.
100m Mariposa			1:27.68	1:34.77	117%	RP	192 Pt.
200m Mariposa	1		3:12.50	--		RP	199 Pt.
200m Estilos	2		3:00.17	3:06.91	108%	RP	261 Pt.

Lopes Filipa Goncalves	28.3.94	106841					Columbófila/Cantanhedense
50m Livres			34.84	--:--			RP 335 Pt.
50m Livres			34.27	--:--			RP 352 Pt.
100m Livres			1:13.98	--:--			RP 364 Pt.
100m Livres			1:14.58	--:--			RP 355 Pt.
200m Livres			2:37.13	--:--			RP 392 Pt.
200m Livres		12	2:37.84	--:--			RP 387 Pt.
400m Livres		13	5:29.43	--:--			RP 393 Pt.
50m Costas			40.17	--:--			RP 312 Pt.
100m Costas			1:24.04	--:--			RP 334 Pt.
200m Costas		3	2:52.31	--:--			RP 381 Pt.
50m Mariposa			45.96	--:--			RP 181 Pt.
200m Estilos		11	3:07.55	--:--			RP 324 Pt.
Lopes Pedro Fragoso	5.4.90	12075					Columbófila/Cantanhedense
50m Livres			28.95	26.52	84%		397 Pt.
100m Livres		Est	56.85	56.02	97%		558 Pt.
100m Livres			59.98	56.02	87%		475 Pt.
200m Livres			2:04.67	2:01.61	95%		569 Pt.
400m Livres		3	4:18.24	4:14.22	97%		611 Pt.
50m Bruços			36.53	34.32	88%		391 Pt.
100m Bruços			1:16.72	1:12.37	89%		437 Pt.
200m Bruços		1	2:39.13	2:43.78	106%	RP	499 Pt.
50m Mariposa			29.46	27.24	85%		473 Pt.
50m Mariposa			30.72	27.24	79%		417 Pt.
100m Mariposa			1:05.79	59.01	80%		453 Pt.
200m Mariposa		3	2:24.03	2:09.96	81%		476 Pt.
200m Estilos		2	2:18.78	2:17.93	99%		572 Pt.
Machado Florbela Cavaco	14.5.96	103916					Columbófila/Cantanhedense
50m Livres			34.57	34.39	99%		343 Pt.
100m Livres			1:13.19	1:12.59	98%		375 Pt.
200m Livres			2:28.79	2:32.63	105%	RP	462 Pt.
400m Livres		1	4:59.32	5:11.65	108%	RCSC	624 Pt.
50m Bruços			45.42	48.54	114%	RP	296 Pt.
100m Bruços			1:37.23	1:42.48	111%	RP	305 Pt.
200m Bruços		4	3:20.54	3:28.92	109%	RP	343 Pt.
50m Mariposa			39.19	40.90	109%	RP	292 Pt.
50m Mariposa			39.44	40.90	108%	RP	286 Pt.
100m Mariposa			1:27.92	1:29.90	105%	RP	275 Pt.
200m Mariposa		1	3:04.65	--:--		RP	314 Pt.
200m Estilos		1	2:54.99	3:22.46	134%	RP	399 Pt.
Meneses Gustavo Alexandre	10.8.92	12078					Columbófila/Cantanhedense
50m Livres			31.10	26.90	75%		320 Pt.
50m Livres			29.75	26.90	82%		366 Pt.
100m Livres			1:04.50	58.07	81%		382 Pt.
100m Livres			1:01.13	58.07	90%		448 Pt.
200m Livres			2:12.58	2:14.06	102%	RP	473 Pt.
200m Livres		7	2:08.11	2:14.06	110%	RP	524 Pt.
400m Livres		8	4:36.25	4:34.55	99%		499 Pt.
100m Costas		Est	1:08.36	1:03.76	87%		419 Pt.
50m Mariposa			32.44	28.89	79%		354 Pt.
50m Mariposa			33.86	28.89	73%		311 Pt.
100m Mariposa			1:13.90	1:07.00	82%		320 Pt.
200m Mariposa		5	2:35.68	--:--		RP	377 Pt.
200m Estilos		4	2:24.35	2:19.87	94%		508 Pt.

Neto Hugo Neves	9.8.94	110453					Columbófila/Cantanhedense
50m Livres			33.58	32.07	91%		254 Pt.
100m Livres			1:10.14	1:08.57	96%		297 Pt.
200m Livres			2:25.93	--:--		RP	354 Pt.
400m Livres		13	5:00.75	--:--		RP	387 Pt.
50m Costas			42.68	--:--		RP	172 Pt.
100m Costas			1:28.76	--:--		RP	191 Pt.
200m Costas		9	3:00.89	--:--		RP	237 Pt.
50m Bruços			41.16	38.59	88%		273 Pt.
100m Bruços			1:27.31	1:25.17	95%		296 Pt.
200m Bruços		7	3:01.06	--:--		RP	339 Pt.
50m Mariposa			36.58	--:--		RP	247 Pt.
200m Estilos		13	2:49.23	--:--		RP	316 Pt.
Ramos Bruno Filipe	28.9.96	110452					Columbófila/Cantanhedense
50m Livres			44.91	46.56	107%	RP	106 Pt.
100m Livres			1:36.11	1:39.29	107%	RP	115 Pt.
200m Livres			3:19.99	--:--		RP	138 Pt.
400m Livres		18	6:49.20	--:--		RP	154 Pt.
50m Costas			54.93	--:--		RP	81 Pt.
100m Costas			1:52.23	1:59.25	113%	RP	95 Pt.
200m Costas		12	3:46.28	--:--		RP	121 Pt.
50m Bruços			55.48	55.77	101%	RP	112 Pt.
100m Bruços			1:57.45	2:00.00	104%	RP	122 Pt.
200m Bruços		10	4:02.14	--:--		RP	142 Pt.
50m Mariposa			56.89	--:--		RP	66 Pt.
200m Estilos			3:49.73	--:--		DC	126 Pt.
Santos Carlos Eduardo	9.7.96	26580					Columbófila/Cantanhedense
50m Livres			37.14	35.25	90%		188 Pt.
100m Livres			1:20.31	1:15.10	87%		198 Pt.
200m Livres			2:49.19	2:46.97	97%		227 Pt.
400m Livres		8	5:42.29	5:49.37	104%	RP	262 Pt.
50m Costas			42.59	43.07	102%	RP	173 Pt.
100m Costas			1:28.22	1:24.46	92%		195 Pt.
200m Costas		7	2:59.18	--:--		RP	244 Pt.
50m Bruços			46.95	44.87	91%		184 Pt.
100m Bruços			1:40.62	1:37.44	94%		194 Pt.
200m Bruços		4	3:28.30	--:--		RP	223 Pt.
50m Mariposa			45.18	44.15	95%		131 Pt.
200m Estilos		6	3:08.78	3:04.41	95%		227 Pt.
Santos Diogo Andre	28.4.96	102772					Columbófila/Cantanhedense
50m Livres			33.62	33.53	99%		254 Pt.
100m Livres			1:11.81	1:09.65	94%		277 Pt.
200m Livres			2:33.01	2:31.88	99%		308 Pt.
400m Livres		4	5:19.47	5:21.21	101%	RP	323 Pt.
50m Costas			40.50	38.36	90%		201 Pt.
100m Costas		Est	1:23.66	1:25.19	104%	RP	228 Pt.
100m Costas			1:24.35	1:25.19	102%	RP	223 Pt.
200m Costas		4	2:49.10	--:--		RP	290 Pt.
50m Bruços			44.07	42.65	94%		223 Pt.
100m Bruços			1:34.10	1:32.55	97%		237 Pt.
200m Bruços		2	3:14.59	--:--		RP	273 Pt.
50m Mariposa			38.42	38.35	100%		213 Pt.
200m Estilos			2:52.52	3:01.00		DC	298 Pt.

Silva Tiago Andre	27.11.94	26578	Columbófila/Cantanhedense			
50m Livres		33.10	32.43	96%		266 Pt.
100m Livres		1:09.87	1:07.22	93%		300 Pt.
200m Livres		2:24.99	2:25.47	101%	RP	361 Pt.
400m Livres	8	4:55.21	4:55.50	100%	RP	409 Pt.
50m Bruços		40.13	41.73	108%	RP	295 Pt.
100m Bruços		1:25.65	1:29.29	109%	RP	314 Pt.
200m Bruços	5	2:58.38	3:11.19	115%	RP	354 Pt.
50m Mariposa		34.15	33.31	95%		304 Pt.
50m Mariposa		36.77	33.31	82%		243 Pt.
100m Mariposa		1:22.22	1:13.93	81%		232 Pt.
200m Mariposa	5	2:53.93	2:48.33	94%		270 Pt.
200m Estilos	10	2:41.19	2:40.60	99%		365 Pt.

4 x 100m Livres Masc.	:	Grilo Joao Nuno	1:14.20	Santos Carlos Eduardo	1:18.96	1	5:17.25
		Santos Diogo Andre	1:10.36	Ramos Bruno Filipe	1:33.73		
4 x 100m Livres Masc.	:	Girao Diogo Cunha	1:02.28	Silva Tiago Andre	1:05.56	2	4:13.58
		Fonseca David Jose	1:00.64	Neto Hugo Neves	1:05.10		
4 x 100m Livres Masc.	:	Lopes Pedro Fragoso	56.85	Meneses Gustavo Alexandre	59.27		4:09.39
		Dinis Andre Marques	1:05.44	Alves Tiago Miguel	1:07.83		
4 x 100m Estilos Masc.	:	Santos Diogo Andre	1:23.66	Grilo Joao Nuno	1:30.94	1	6:12.35
		Santos Carlos Eduardo	1:42.29	Ramos Bruno Filipe	1:35.46		
4 x 100m Estilos Masc.	:	Girao Diogo Cunha	1:12.97	Silva Tiago Andre	1:16.18	2	4:55.18
		Neto Hugo Neves	1:24.37	Fonseca David Jose	1:01.66		
4 x 100m Estilos Masc.	:	Meneses Gustavo Alexandre	1:08.36	Lopes Pedro Fragoso	1:00.94		4:40.97
		Alves Tiago Miguel	1:27.71	Dinis Andre Marques	1:03.96		

Total 210 resultados individuais, desempenho médio: 98,7%  
1 novos rec. Clube, 101 novos rec. pessoais  
Maior melhoria: Grilo Joao Nuno, 400m Livres 5:31.61