

Sumário de resultados

Piscina 25m, FINA 2008

Alves Ana Pinto	96 :	100m Costas	11	1:25.41	<i>1:26.59</i>	103%	RP	305 Pt.
		100m Bruços	10	1:35.93	<i>1:37.74</i>	104%	RP	310 Pt.
Alves Sara Sofia	01 :	50m Livres		50.43	<i>47.51</i>	89%		105 Pt.
		100m Estilos		1:58.36	<i>2:04.37</i>	110%	RP	129 Pt.
Alves Tiago Miguel	95 :	100m Livres	7	1:03.31	<i>1:03.64</i>	101%	RP	395 Pt.
		100m Mariposa	8	1:13.49	<i>1:16.85</i>	109%	RP	319 Pt.
		200m Estilos	7	2:37.49	<i>2:38.13</i>	101%	RP	378 Pt.
Carvalho Eduardo Filipe	97 :	50m Livres		32.00	<i>31.95</i>	100%		287 Pt.
		100m Estilos		1:18.41	<i>1:21.36</i>	108%	RP	296 Pt.
Catarino Beatriz Andrade	98 :	50m Livres		41.94	<i>42.20</i>	101%	RP	183 Pt.
		100m Estilos		1:42.13	--		RP	200 Pt.
Cavaleiro Leonardo Miguel	99 :	50m Livres		45.57	<i>45.85</i>	101%	RP	99 Pt.
		100m Estilos		1:48.46	<i>1:47.90</i>	99%		112 Pt.
Costa Diogo Silva	97 :	50m Livres		33.96	<i>34.91</i>	106%	RP	240 Pt.
		100m Estilos		1:26.72	<i>1:29.02</i>	105%	RP	218 Pt.
Coutinho Alexandre Valda	97 :	50m Livres		32.91	<i>32.54</i>	98%		264 Pt.
		100m Estilos		1:25.10	<i>1:27.67</i>	106%	RP	231 Pt.
Dias Diogo Miguel	98 :	50m Livres		37.02	<i>38.70</i>	109%	RP	185 Pt.
		100m Estilos		1:29.09	<i>1:32.62</i>	108%	RP	201 Pt.
Dinis Andre Marques	93 :	100m Livres		58.66	<i>1:00.17</i>	105%	RP	497 Pt.
		100m Mariposa		1:09.28	<i>1:11.97</i>	108%	RP	380 Pt.
Duarte Ana Mafalda	99 :	50m Livres		42.55	<i>44.12</i>	108%	RP	175 Pt.
		100m Estilos		1:41.94	<i>1:43.51</i>	103%	RP	201 Pt.
Duarte Ana Vanessa	99 :	50m Livres		44.64	<i>45.87</i>	106%	RP	152 Pt.
		100m Estilos		1:46.45	<i>1:50.15</i>	107%	RP	177 Pt.
Fonseca David Jose	94 :	50m Livres		28.11	<i>27.88</i>	98%		423 Pt.
		100m Livres		1:00.86	<i>59.91</i>	97%		445 Pt.
		100m Mariposa		1:08.08	<i>1:15.12</i>	122%	RP	401 Pt.
Galhano Eduardo Reis	98 :	50m Livres		42.89	<i>43.92</i>	105%	RP	119 Pt.
		100m Estilos		1:40.56	<i>1:40.96</i>	101%	RP	140 Pt.
Girao Diogo Cunha	94 :	100m Livres		58.90	<i>59.58</i>	102%	RP	490 Pt.
		50m Costas	Est	31.42	<i>31.90</i>	103%	RP	416 Pt.
		100m Costas		1:06.70	<i>1:06.62</i>	100%		433 Pt.
		100m Mariposa		1:06.10	<i>1:06.28</i>	101%	RP	438 Pt.
Goncalves Diogo Mendes	97 :	50m Livres		35.35	<i>36.54</i>	107%	RP	213 Pt.
		100m Estilos		1:24.14	<i>1:27.61</i>	108%	RP	239 Pt.
Grilo Joao Nuno	96 :	100m Livres		1:11.65	<i>1:13.07</i>	104%	RP	272 Pt.
		100m Bruços		1:29.44	<i>1:30.13</i>	102%	RP	270 Pt.
Guerra Mariana Cunha	98 :	50m Livres		31.54	<i>31.89</i>	102%	RP	430 Pt.
		100m Estilos		1:18.45	<i>1:19.26</i>	102%	RCSC	442 Pt.
Lopes Pedro Fragoso	90 :	100m Livres	5	56.05	<i>55.99</i>	100%		569 Pt.
		100m Mariposa	2	58.95	<i>59.01</i>	100%	RCSC	618 Pt.
Machado Florbela Cavaco	96 :	100m Livres	2	1:04.21	<i>1:04.67</i>	101%	RCSC	644 Pt.
		100m Mariposa	3	1:13.77	<i>1:15.31</i>	104%	RCSC	647 Pt.
		200m Estilos	3	2:41.10	<i>2:40.80</i>	100%		504 Pt.
Machado Vanessa Branco	98 :	50m Livres		39.29	<i>44.66</i>	129%	RP	223 Pt.
		100m Estilos		1:32.93	<i>1:44.44</i>	126%	RP	266 Pt.
Maia Diogo Pratas	00 :	50m Livres		42.34	<i>42.51</i>	101%	RP	124 Pt.
		100m Estilos		1:45.18	<i>1:54.74</i>	119%	RP	122 Pt.

Meneses Gustavo Alexandre	92	50m Livres	6	25.75	26.90	109%	RCSC650 Pt.
		100m Costas	4	1:02.91	1:02.94	100%	RCSC616 Pt.
		100m Bruços	3	1:10.41	1:09.62	98%	554 Pt.
Neto Hugo Neves	94	50m Livres		28.41	28.94	104%	RP 410 Pt.
		100m Livres		1:02.36	1:02.87	102%	RP 413 Pt.
		100m Bruços		1:20.45	1:18.40	95%	371 Pt.
Neto Jose Neves	99	50m Livres		39.78	37.39	88%	149 Pt.
		100m Estilos		1:36.52	1:46.27	121%	RP 158 Pt.
Oliveira Francisco Miguel	97	50m Livres		34.39	35.41	106%	RP 231 Pt.
		100m Estilos		1:29.01	1:28.47	99%	202 Pt.
Pereira Renan Camara	93	50m Livres		28.10	29.39	109%	RP 423 Pt.
		100m Livres		1:03.71	1:01.64	94%	388 Pt.
		100m Bruços		1:17.02	1:13.55	91%	423 Pt.
Portasio Alexandro Malva	97	50m Livres		31.95	33.65	111%	RP 288 Pt.
		100m Estilos		1:23.57	1:25.23	104%	RP 244 Pt.
Ramos Bruno Filipe	96	100m Livres		1:21.08	1:25.07	110%	RP 188 Pt.
Reis Ana Miguel	00	50m Livres		39.35	38.76	97%	222 Pt.
		100m Estilos		1:36.65	1:36.19	99%	236 Pt.
Samagaio Iolanda Santos	98	50m Livres		43.94	44.18	101%	RP 159 Pt.
		100m Estilos		1:48.82	1:50.69	103%	RP 166 Pt.
Santos Carlos Eduardo	96	100m Livres		1:13.66	1:13.01	98%	251 Pt.
		100m Costas		1:21.37	1:22.86	104%	RP 239 Pt.
		100m Bruços	11	1:35.20	1:33.52	97%	224 Pt.
Santos Carolina Rua	98	50m Livres		37.62	38.43	104%	RP 254 Pt.
		100m Estilos		1:35.05	1:38.35	107%	RP 248 Pt.
Santos Diogo Andre	96	50m Costas	Est	35.16	36.06	105%	RP 297 Pt.
		100m Costas	8	1:14.46	1:14.78	101%	RP 311 Pt.
		200m Estilos		2:41.89	2:44.64	103%	RP 348 Pt.
Santos Mariana Pereirinha	98	50m Livres		35.17	35.32	101%	RP 310 Pt.
		100m Estilos		1:26.68	1:28.38	104%	RP 328 Pt.
Santos Tiago Licinio	99	50m Livres		37.36	36.51	96%	180 Pt.
		100m Estilos		1:37.02	1:38.01	102%	RP 156 Pt.
Silva Tiago Andre	94	50m Livres		29.26	31.78	118%	RP 375 Pt.
		100m Livres		1:03.86	1:04.29	101%	RP 385 Pt.
		100m Bruços		1:22.69	1:21.84	98%	342 Pt.
4 x 50m Estilos Masc.	:	Girao Diogo Cunha	31.42	Grilo Joao Nuno	37.68		2:20.11
		Santos Carlos Eduardo	43.96	Dinis Andre Marques	27.05		
4 x 50m Estilos Masc.	:	Santos Diogo Andre	35.16	Lopes Pedro Fragoso	27.36	4	2:03.97
		Meneses Gustavo Alexandre	31.67	Alves Tiago Miguel	29.78		

Total 84 resultados individuais, desempenho médio: 103,7%

6 novos rec. Clube, 63 novos rec. pessoais

Maior melhoria: Machado Vanessa Branco, 50m Livres 39.29