

Sumário de resultados

Piscina 25m, FINA 2004

Alves Ana Pinto	5.7.96	102767	Columbófila/Cantanhedense			
50m Mariposa		41.30	39.16	90%		249 Pt.
100m Mariposa		1:30.31	1:29.34	98%		253 Pt.
200m Estilos	9	3:01.84	2:57.19	95%		355 Pt.
400m Estilos	7	6:14.12	6:13.93	100%		382 Pt.
Alves Tiago Miguel	10.6.95	102773	Columbófila/Cantanhedense			
50m Mariposa		34.33	36.58	114%	RP	299 Pt.
100m Mariposa		1:16.85	1:19.34	107%	RP	284 Pt.
200m Estilos	4	2:38.13	2:47.74	113%	RP	387 Pt.
400m Estilos	5	5:36.63	5:40.51	102%	RP	385 Pt.
Dinis Andre Marques	3.1.93	25204	Columbófila/Cantanhedense			
50m Livres		30.56	28.39	86%		338 Pt.
50m Livres		29.77	28.39	91%		365 Pt.
50m Livres	4	27.54	28.39	106%	RP	461 Pt.
100m Livres		1:03.60	1:00.51	91%		398 Pt.
100m Livres	3	1:00.17	1:00.51	101%	RP	470 Pt.
200m Livres	3	2:09.49	2:08.43	98%		507 Pt.
Figueira Miguel Angelo	26.7.95	26577	Columbófila/Cantanhedense			
50m Mariposa		34.55	36.32	111%	RP	293 Pt.
100m Mariposa		1:18.03	1:22.27	111%	RP	272 Pt.
200m Estilos	6	2:42.18	2:43.89	102%	RP	358 Pt.
400m Estilos	9	5:50.44	5:51.26	100%	RP	341 Pt.
Fonseca David Jose	23.7.94	25206	Columbófila/Cantanhedense			
50m Livres		29.88	27.88	87%		361 Pt.
50m Livres		30.13	27.88	86%		352 Pt.
50m Livres	4	28.73	27.88	94%		406 Pt.
100m Livres		1:03.53	1:01.76	95%		400 Pt.
100m Livres	4	1:01.67	1:01.76	100%	RP	437 Pt.
200m Livres	3	2:13.19	2:14.15	101%	RP	466 Pt.
Girao Diogo Cunha	23.11.94	25208	Columbófila/Cantanhedense			
50m Costas	Est	31.90	33.90	113%	RP	412 Pt.
50m Costas		34.27	33.90	98%		332 Pt.
50m Costas		33.77	33.90	101%	RP	347 Pt.
50m Costas	1	32.49	33.90	109%	RP	390 Pt.
100m Costas		1:10.34	1:07.28	91%		384 Pt.
100m Costas	1	1:08.36	1:07.28	97%		419 Pt.
200m Costas	1	2:21.88	2:22.50	101%	RP	491 Pt.
Grilo Joao Nuno	28.9.96	100522	Columbófila/Cantanhedense			
50m Mariposa		39.25	38.98	99%		200 Pt.
100m Mariposa		1:28.38	1:26.08	95%		187 Pt.
200m Estilos	5	2:56.66	3:00.17	104%	RP	277 Pt.
400m Estilos	7	6:13.75	6:05.77	96%		281 Pt.
Lopes Filipa Goncalves	28.3.94	106841	Columbófila/Cantanhedense			
50m Livres		34.56	32.89	91%		343 Pt.
50m Livres		33.13	32.89	99%		389 Pt.
50m Livres	6	32.04	32.89	105%	RP	430 Pt.
100m Livres		1:14.23	1:12.23	95%		360 Pt.
100m Livres	6	1:10.03	1:12.23	106%	RP	429 Pt.
200m Livres	8	2:36.53	2:36.52	100%		397 Pt.

Lopes Pedro Fragoso	5.4.90	12075					Columbófila/Cantanhedense
50m Livres			28.29	25.96	84%	426 Pt.	
50m Livres			27.82	25.96	87%	448 Pt.	
50m Livres	1		26.16	25.96	98%	538 Pt.	
100m Livres			59.28	55.99	89%	492 Pt.	
100m Livres	1		57.51	55.99	95%	539 Pt.	
200m Livres	3	2:05.17		2:00.67	93%	562 Pt.	
Machado Florbela Cavaco	14.5.96	103916					Columbófila/Cantanhedense
50m Mariposa			35.52	37.48	111%	RP 392 Pt.	
100m Mariposa			1:19.45	1:19.89	101%	RP 372 Pt.	
200m Estilos	2	2:45.84		2:54.99	111%	RP 468 Pt.	
400m Estilos	1	5:39.27		5:39.93	100%	RCSC612 Pt.	
Meneses Gustavo Alexandre	10.8.92	12078					Columbófila/Cantanhedense
50m Bruços			36.38	32.59	80%	396 Pt.	
50m Bruços			34.30	32.59	90%	472 Pt.	
50m Bruços	1		32.71	32.59	99%	544 Pt.	
100m Bruços			1:16.27	1:09.62	83%	444 Pt.	
100m Bruços	1	1:11.28		1:09.62	95%	544 Pt.	
200m Bruços	1	2:35.86		2:32.86	96%	531 Pt.	
Neto Hugo Neves	9.8.94						Columbófila/Cantanhedense
50m Bruços			39.66	37.95	92%	305 Pt.	
50m Bruços			39.28	37.95	93%	314 Pt.	
50m Bruços	3	37.72		37.95	101%	RP 355 Pt.	
100m Bruços		1:24.41		1:25.17	102%	RP 328 Pt.	
100m Bruços	3	1:23.88		1:25.17	103%	RP 334 Pt.	
200m Bruços	3	2:53.62		3:01.06	109%	RP 384 Pt.	
Ramos Bruno Filipe	28.9.96	110452					Columbófila/Cantanhedense
50m Mariposa			50.48	56.89	127%	RP 94 Pt.	
100m Mariposa			1:56.16	1:59.51	106%	RP 82 Pt.	
200m Estilos	12	3:33.67		--.--		RP 157 Pt.	
400m Estilos		7:30.95		7:31.45	DC	160 Pt.	
Santos Carlos Eduardo	9.7.96	26580					Columbófila/Cantanhedense
50m Mariposa			43.77	44.15	102%	RP 144 Pt.	
100m Mariposa			1:41.38	1:42.86	103%	RP 124 Pt.	
200m Estilos	7	2:59.86		3:04.41	105%	RP 263 Pt.	
400m Estilos	8	6:24.73		6:26.25	101%	RP 258 Pt.	
Santos Diogo Andre	28.4.96	102772					Columbófila/Cantanhedense
50m Mariposa			36.68	38.35	109%	RP 245 Pt.	
100m Mariposa			1:23.42	1:24.58	103%	RP 222 Pt.	
200m Estilos	1	2:44.86		3:01.00	121%	RP 341 Pt.	
400m Estilos	2	5:46.81		--.--		RP 352 Pt.	
Silva Tiago Andre	27.11.94	26578					Columbófila/Cantanhedense
100m Livres	Est	1:04.29		1:07.22	109%	RP 386 Pt.	
100m Livres	Est	1:04.29		1:07.22	109%	RP 386 Pt.	
50m Mariposa			35.79	32.70	83%	264 Pt.	
50m Mariposa			33.77	32.70	94%	314 Pt.	
50m Mariposa	1	32.27		32.70	103%	RP 360 Pt.	
100m Mariposa		1:18.40		1:13.93	89%	268 Pt.	
100m Mariposa	1	1:12.30		1:13.93	105%	RP 342 Pt.	
200m Mariposa	1	2:44.21		2:48.33	105%	RP 321 Pt.	

4 x 100m Livres Masc.	:	Silva Tiago Andre	1:04.29	Fonseca David Jose	1:01.27	2	4:08.24
		Girao Diogo Cunha	1:00.11	Neto Hugo Neves	1:02.57		
4 x 50m Estilos Masc.	:	Girao Diogo Cunha	31.90	Lopes Pedro Fragoso	27.49	1	1:59.20
		Meneses Gustavo Alexandre	32.53	Dinis Andre Marques	27.28		

Total 83 resultados individuais, desempenho médio: 99,6%
1 novos rec. Clube, 43 novos rec. pessoais
Maior melhoria: Ramos Bruno Filipe, 50m Mariposa 50.48