

Torneio Nadador Completo de Categorias
Coimbra, 8. - 9.5.2010

TNC Categ F

Femin., 12 anos

					100 B	100 M	100 L	100 C	200 E
1.	Mariana Cunha GUERRA	98	ASSSCC	7:35.95	5	1:29.20	1:14.80	1:02.44	2:36.93
2.	Margarida Peixoto PELAIO	98	GCF	7:58.62	5	1:29.22	1:17.10	1:08.94	2:43.44
3.	Ana Raquel FERREIRA	98	GCF	8:04.48	5	1:30.79	1:22.52	1:08.13	2:46.08
4.	Rita Mateus LOPES	98	CNAC	8:06.00	5	1:25.04	1:24.66	1:07.37	2:48.50
5.	R. DAMASCENO	98	CNAC	8:09.62	5	1:29.57	1:24.81	1:07.53	2:47.20
6.	Ana Filipa CONCEICAO	98	CNAC	8:25.90	5	1:30.02	1:23.59	1:14.27	2:52.48
7.	M. SANTOS	98	ASSSCC	8:26.01	5	1:35.49	1:26.45	1:10.46	2:53.89
8.	Mariana Portugal COSTA	98	CNAC	8:27.59	5	1:32.53	1:27.94	1:08.18	2:53.58
9.	C. OLIVEIRA	98	FBSC	8:28.35	5	1:36.12	1:19.45	1:12.63	2:55.42
10.	V. MACHADO	98	ASSSCC	8:49.92	5	1:40.50	1:35.94	1:09.21	2:58.68
11.	Maria Luisa GUERRA	98	CNAC	8:56.10	5	1:38.21	1:37.41	1:15.08	3:04.60
12.	Lucia Pedrosa SILVA	98	JFP	9:04.26	5	1:40.64	1:35.68	1:15.60	3:07.92
13.	Ana Carolina PESSOA	98	GCF	9:08.40	5	1:40.21	1:41.71	1:15.56	3:06.74
14.	Rita Sofia SANTOS	98	CDL	9:12.02	5	1:45.12	1:39.33	1:17.87	3:05.81
15.	Joana Filipa ROQUE	98	GCF	9:40.35	5	1:38.65	1:42.16	1:24.73	3:19.65
16.	M. RODRIGUES	98	CNAC	9:51.38	5	1:53.84	1:43.64	1:24.67	3:19.28
17.	I. SAMAGAIO	98	ASSSCC	10:18.87	5	1:52.28	1:59.41	1:27.34	3:25.43
18.	L. MAGALHAES	98	CAC	10:39.47	5	1:54.71	1:54.41	1:32.43	3:40.96
DSQ	Sara Bernardo MENDES	98	UCE		5	1:52.45	*	1:41.59	3:57.93
DSQ	Matilde Oliveira ANDRADE	98	CNAC		5	1:27.78	1:33.13	1:11.50	*
DSQ	Margarida Santos LOURO	98	ASSSCC		5	1:41.47	*	1:17.61	3:14.12
DSQ	Maria Carolina CORREIA	98	CDL		5	1:29.30	1:22.61	*	2:52.87

Femin., 13 anos

					100 B	100 M	100 L	100 C	200 E
1.	D. METELO	97	CNAC	7:32.43	5	1:26.81	1:09.91	1:02.54	2:39.36
2.	Beatriz Neves CRAVEIRO	97	CNAC	7:34.51	5	1:30.23	1:12.11	1:03.89	2:38.19
3.	A. MORGADO	97	CNAC	7:39.77	5	1:24.39	1:16.00	1:04.85	2:38.78
4.	C. FERNANDES	97	AAC	8:00.97	5	1:26.79	1:16.81	1:09.31	2:50.90
5.	M. GAMEIRO	97	CNAC	8:03.84	5	1:30.95	1:22.87	1:06.53	2:44.98
6.	Mafalda Dias FILIPE	97	CNAC	8:18.16	5	1:32.53	1:22.29	1:12.83	2:51.14
7.	Ana Catarina LIBERAL	97	CNAC	8:18.34	5	1:31.88	1:26.07	1:12.01	2:49.59
8.	M. FERREIRA	97	AAC	8:21.25	5	1:34.55	1:20.51	1:09.69	2:53.52
9.	Ines Silva MENDES	97	CNAC	8:23.46	5	1:33.30	1:29.30	1:09.53	2:50.11
10.	Rute Daniela SIMOES	97	CDL	8:30.89	5	1:34.28	1:30.64	1:10.68	2:55.01
11.	C. BORGES	97	GRVM	9:08.05	5	1:40.82	1:33.16	1:17.25	3:09.69
12.	Isa Raquel RAMALHO	97	AAC	9:18.31	5	1:41.45	1:38.31	1:21.41	3:08.88
13.	Rita Rodrigues JESUS	97	GCF	10:02.71	5	1:41.66	1:50.90	1:29.41	3:25.57
DSQ	Catarina Santos SILVA	97	CNAC		5	*	1:39.67	1:25.09	*
DSQ	Joana Duarte CORREIA	97	CAC		5	1:49.99	*	1:18.27	*

Femin., 14 anos

					100 B	100 M	100 L	100 C	200 E
1.	Maria Ines ALMEIDA	96	CNAC	7:37.09	5	1:27.05	1:13.91	1:07.69	2:37.68
2.	Ana Luisa CARVALHO	96	CNAC	7:42.14	5	1:25.17	1:19.07	1:03.62	2:39.05
3.	F. MACHADO	96	ASSSCC	7:45.78	5	1:29.14	1:13.66	1:03.41	2:41.01
4.	Maria Beatriz RASCAO	96	CNAC	7:50.64	5	1:23.24	1:20.18	1:07.65	2:40.27
5.	C. CARVALHOS	96	CNAC	7:53.17	5	1:25.04	1:19.95	1:09.73	2:43.55
6.	Maria Joao PAIXAO	96	GCF	7:54.86	5	1:26.40	1:22.60	1:10.05	2:42.39
7.	Diana Filipa GONCALVES	96	CNAC	8:16.32	5	1:28.06	1:26.92	1:09.94	2:50.02
8.	Erica Filipa COSTA	96	AAC	8:22.06	5	1:27.52	1:27.22	1:12.19	2:51.40
9.	Filipa Costa GASPAR	96	JFP	8:27.51	5	1:37.05	1:26.60	1:08.92	2:55.57
10.	Joana Faim ALMEIDA	96	GCF	8:30.11	5	1:35.07	1:28.61	1:10.03	2:56.77
11.	Rita Matos PONTE	96	JFP	8:35.23	5	1:30.61	1:31.04	1:12.22	2:55.24
12.	Francisca Silva MARQUES	96	AAC	8:49.98	5	1:41.37	1:28.75	1:12.51	3:01.83
DSQ	Sofia Caramelo FOLGADO	96	CNAC		5	1:35.04	1:26.76	1:14.44	2:57.30
DSQ	Patricia Pimentel SOUSA	96	CAC		5	1:44.47	*	1:21.33	3:21.39
DSQ	Ana Jacinto SILVA	96	CAC		5	1:42.88	1:45.52	1:25.29	*
DSQ	Maria Amelia GASPAR	96	CNAC		5	1:28.62	*	1:04.02	2:36.56

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Femin., 15 - 16 anos

					100 B	100 M	100 L	100 C	200 E
1.	G. ANDRADE	94	CNAC	6:58.32	5	1:12.45	1:11.48	1:01.31	2:24.60
2.	Adriana Correia LOPES	95	CNAC	7:01.77	5	1:19.34	1:09.44	1:02.44	2:24.50
3.	Carolina Cunha MARTINS	95	CNAC	7:11.27	5	1:23.27	1:08.16	1:00.29	2:29.59
4.	Tatiana Filipa SANTOS	95	GCF	7:24.61	5	1:24.36	1:13.94	1:05.24	2:32.73
5.	Mariana Rocha VALENTE	95	CNAC	7:36.62	5	1:23.87	1:15.29	1:06.12	2:38.16
6.	M. CARVALHO	95	CNAC	7:38.15	5	1:24.80	1:11.07	1:06.20	2:37.86
7.	Ana Claudia CORDEIRO	95	CNAC	7:38.49	5	1:20.44	1:15.35	1:05.83	2:39.72
8.	R. FERREIRA	95	CNAC	7:48.30	5	1:29.80	1:14.54	1:06.57	2:41.62
9.	Joana Ines OLIVEIRA	95	AAC	7:51.87	5	1:26.64	1:19.39	1:05.45	2:43.47
10.	Joana Reis VEIGA	95	AAC	7:52.91	5	1:27.33	1:13.52	1:09.04	2:45.24
11.	M. SEBASTIAO	95	GCF	7:55.61	5	1:28.51	1:19.36	1:08.07	2:44.60
12.	Bruna Miguel PEREIRA	94	AAC	7:59.52	5	1:29.41	1:19.63	1:05.42	2:47.42
13.	Tatiana Cruz COSTA	94	CNMC	8:26.25	5	1:34.53	1:30.03	1:08.17	2:53.11
14.	Joana Carolina ALVES	95	GCF	8:42.63	5	1:34.53	1:31.10	1:16.16	2:56.90
DSQ	Mariana Coutinho SOUTO	95	AAC		5	1:24.80	*	1:18.56	3:03.51

Femin., 17 anos e mais velhos

					100 B	100 M	100 L	100 C	200 E
1.	Maria Ines RIBEIRO	92	CNAC	7:07.17	5	1:17.17	1:10.00	1:01.06	2:27.53
2.	Maria Miguel VELOSO	93	CNAC	7:09.75	5	1:20.35	1:06.91	1:02.53	2:27.73
3.	Ines Barbosa MOREIRA	92	CNAC	7:38.38	5	1:27.51	1:16.27	1:04.01	2:39.25
4.	Raquel Bartolo VITOR	93	AAC	7:50.79	5	1:25.27	1:16.03	1:09.08	2:41.53
5.	Catarina Oliveira DINIS	93	AAC	7:58.32	5	1:23.86	1:16.72	1:09.81	2:47.11
6.	C. LOPES	92	ASSSCC	8:20.93	5	1:35.45	1:28.34	1:06.31	2:52.35
7.	Ana Carlos FERREIRA	93	JFP	8:50.42	5	1:36.19	1:33.43	1:15.44	3:03.00
DSQ	Ana Luisa AMARO	93	CIM		5	1:37.39	1:46.44	1:13.45	*