

Sumário de resultados

Piscina 25m, FINA 2008

Alves Tiago Miguel	95 :	50m Livres		28.86	28.45	97%		391 Pt.
		100m Livres	6	59.59	1:01.60	107%	RP	474 Pt.
		50m Costas		33.91	36.98	119%	RP	331 Pt.
		100m Costas	8	1:11.46	1:16.73	115%	RP	352 Pt.
		50m Bruços		37.55	39.84	113%	RP	354 Pt.
		100m Bruços	8	1:20.17	1:25.74	114%	RP	375 Pt.
		50m Mariposa		32.71	33.69	106%	RP	338 Pt.
		50m Mariposa		33.77	33.69	100%		307 Pt.
		100m Mariposa	7	1:11.64	1:13.48	105%	RP	344 Pt.
		200m Estilos	5	2:28.30	2:37.49	113%	RP	453 Pt.
Carvalho Eduardo Filipe	97 :	50m Livres		30.56	31.95	109%	RP	329 Pt.
		100m Livres	5	1:05.06	1:08.08	109%	RP	364 Pt.
		50m Costas		35.64	39.36	122%	RP	285 Pt.
		100m Costas	4	1:14.05	1:21.18	120%	RP	317 Pt.
		50m Bruços		39.21	42.50	117%	RP	311 Pt.
		100m Bruços	3	1:23.68	1:30.37	117%	RP	330 Pt.
		50m Mariposa		35.95	34.79	94%		255 Pt.
		50m Mariposa		35.19	34.79	98%		272 Pt.
		100m Mariposa	3	1:15.98	1:13.95	95%		288 Pt.
		200m Estilos		2:37.94	2:49.76	DC		375 Pt.
Coutinho Alexandre Valda	97a :	50m Livres		33.12	32.10	94%		259 Pt.
		100m Livres	8	1:08.96	1:07.34	95%		306 Pt.
		50m Costas		38.08	38.66	103%	RP	234 Pt.
		100m Costas	7	1:18.42	1:24.21	115%	RP	267 Pt.
		50m Bruços		43.19	47.09	119%	RP	233 Pt.
		100m Bruços	11	1:32.61	1:40.66	118%	RP	243 Pt.
		50m Mariposa		35.20	36.82	109%	RP	271 Pt.
		50m Mariposa		34.61	36.82	113%	RP	286 Pt.
		100m Mariposa	5	1:16.88	1:19.36	107%	RP	278 Pt.
		200m Estilos	5	2:44.14	2:59.14	119%	RP	334 Pt.
Dinis Andre Marques	93 :	50m Livres		29.83	26.85	81%		354 Pt.
		100m Livres	9	1:00.39	58.66	94%		455 Pt.
		50m Costas		37.09	38.61	108%	RP	253 Pt.
		100m Costas	9	1:15.17	1:18.41	109%	RP	303 Pt.
		50m Bruços		37.31	38.46	106%	RP	361 Pt.
		100m Bruços	10	1:19.41	1:21.59	106%	RP	386 Pt.
		50m Mariposa		30.66	29.94	95%		411 Pt.
		50m Mariposa		30.52	29.94	96%		416 Pt.
		100m Mariposa	6	1:05.05	1:06.35	104%	RP	460 Pt.
		200m Estilos	6	2:27.64	2:35.90	112%	RP	459 Pt.
Goncalves Diogo Mendes	97 :	50m Livres		35.28	35.35	100%	RP	214 Pt.
		100m Livres	14	1:13.48	1:16.63	109%	RP	253 Pt.
		50m Costas		39.09	39.81	104%	RP	216 Pt.
		100m Costas	10	1:20.71	1:22.56	105%	RP	245 Pt.
		50m Bruços		40.18	39.67	97%		289 Pt.
		100m Bruços	4	1:25.41	1:24.57	98%		310 Pt.
		50m Mariposa		42.77	43.05	101%	RP	151 Pt.
		50m Mariposa		42.43	43.05	103%	RP	155 Pt.
		100m Mariposa	17	1:31.86	1:34.44	106%	RP	163 Pt.
		200m Estilos	7	2:50.31	2:58.90	110%	RP	299 Pt.

Guerra Mariana Cunha 98 :	50m Livres		30.36	28.93	91%		482 Pt.
	100m Livres	1	1:02.44	1:02.46	100%	RCSC	692 Pt.
	50m Costas		35.26	36.10	105%	RP	440 Pt.
	100m Costas	1	1:12.58	1:16.26	110%	RP	497 Pt.
	50m Bruços		42.48	43.48	105%	RP	355 Pt.
	100m Bruços	3	1:29.20	1:30.87	104%	RP	386 Pt.
	50m Mariposa		34.81	34.10	96%		395 Pt.
	50m Mariposa		35.29	34.10	93%		380 Pt.
	100m Mariposa	1	1:14.80	1:13.43	96%		429 Pt.
	200m Estilos	1	2:36.93	2:38.10	101%	RCSC	645 Pt.
Lopes Cristiana Margarida 92 :	50m Livres		32.22	31.46	95%		404 Pt.
	100m Livres	4	1:06.31	1:07.79	105%	RP	494 Pt.
	50m Costas		37.62	38.06	102%	RP	362 Pt.
	100m Costas	Est	1:18.82	1:22.43	109%	RP	388 Pt.
	100m Costas	4	1:18.48	1:22.43	110%	RP	393 Pt.
	50m Bruços		44.76	--		RP	303 Pt.
	100m Bruços	6	1:35.45	--		RP	315 Pt.
	50m Mariposa		40.71	43.97	117%	RP	247 Pt.
	50m Mariposa		39.86	43.97	122%	RP	263 Pt.
	100m Mariposa	6	1:28.34	--		RP	260 Pt.
	200m Estilos	6	2:52.35	3:08.90	120%	RP	411 Pt.
Louro Margarida Santos 98 :	50m Livres		37.76	39.60	110%	RP	251 Pt.
	100m Livres	15	1:17.61	1:18.89	103%	RP	308 Pt.
	50m Costas		41.63	43.02	107%	RP	267 Pt.
	100m Costas	17	1:27.52	1:29.21	104%	RP	284 Pt.
	50m Bruços		47.98	52.01	118%	RP	246 Pt.
	100m Bruços	17	1:41.47	1:51.70	121%	RP	262 Pt.
	50m Mariposa		47.27	--		RP	158 Pt.
	50m Mariposa		47.86	--		RP	152 Pt.
	100m Mariposa		1:43.12	1:55.14	DC		164 Pt.
	200m Estilos	16	3:14.12	--		RP	288 Pt.
Machado Florbela Cavaco 96 :	50m Livres		31.03	30.15	94%		452 Pt.
	100m Livres	1	1:03.41	1:03.14	99%		565 Pt.
	50m Costas		38.18	37.98	99%		347 Pt.
	100m Costas	6	1:18.56	1:18.46	100%		392 Pt.
	50m Bruços		42.06	42.12	100%	RP	365 Pt.
	100m Bruços	9	1:29.14	1:28.12	98%		386 Pt.
	50m Mariposa		34.15	33.95	99%		419 Pt.
	50m Mariposa		34.92	33.95	95%		392 Pt.
	100m Mariposa	1	1:13.66	1:13.77	100%	RP	449 Pt.
	200m Estilos	5	2:41.01	2:40.80	100%		505 Pt.
Machado Vanessa Branco 98 :	50m Livres		33.06	34.48	109%	RP	374 Pt.
	100m Livres	7	1:09.21	1:11.40	106%	RP	434 Pt.
	50m Costas		40.80	43.67	115%	RP	284 Pt.
	100m Costas	16	1:25.59	1:27.98	106%	RP	303 Pt.
	50m Bruços		46.81	47.65	104%	RP	265 Pt.
	100m Bruços	15	1:40.50	1:40.54	100%	RP	270 Pt.
	50m Mariposa		42.87	46.10	116%	RP	212 Pt.
	50m Mariposa		41.03	46.10	126%	RP	241 Pt.
	100m Mariposa	13	1:35.94	1:41.20	111%	RP	203 Pt.
	200m Estilos	11	2:58.68	3:16.30	121%	RP	369 Pt.

Meneses Gustavo Alexandr <del>62</del> :	50m Livres		27.09	25.75	90%	473 Pt.
	100m Livres	3	54.76	54.65	100%	610 Pt.
	50m Costas		30.44	28.69	89%	458 Pt.
	100m Costas	3	1:02.20	59.98	93%	534 Pt.
	50m Bruços		32.87	31.73	93%	528 Pt.
	100m Bruços	1	1:09.08	1:07.68	96%	586 Pt.
	50m Mariposa		28.81	28.89	101%	RP 495 Pt.
	50m Mariposa		30.11	28.89	92%	434 Pt.
	100m Mariposa	4	1:01.91	1:07.00	117%	RP 533 Pt.
	200m Estilos	2	2:15.10	2:19.87	107%	RP 599 Pt.
Oliveira Francisco Miguel 97 :	50m Livres		33.18	33.47	102%	RP 257 Pt.
	100m Livres	7	1:08.83	1:09.07	101%	RP 307 Pt.
	50m Costas		38.59	42.86	123%	RP 225 Pt.
	100m Costas	12	1:21.18	1:29.55	122%	RP 240 Pt.
	50m Bruços		41.50	47.24	130%	RP 262 Pt.
	100m Bruços	8	1:29.87	1:39.49	123%	RP 266 Pt.
	50m Mariposa		39.80	44.38	124%	RP 188 Pt.
	50m Mariposa		39.46	44.38	126%	RP 193 Pt.
	100m Mariposa	13	1:26.88	1:36.19	123%	RP 193 Pt.
	200m Estilos	11	2:54.42	3:10.10	119%	RP 278 Pt.
Portasio Alexandro Malva 97 :	50m Livres		30.79	30.48	98%	322 Pt.
	100m Livres	3	1:04.34	1:03.68	98%	376 Pt.
	50m Costas		35.68	36.40	104%	RP 284 Pt.
	100m Costas	Est	1:14.00	1:14.62	102%	RP 317 Pt.
	100m Costas	3	1:13.12	1:14.62	104%	RP 329 Pt.
	50m Bruços		40.96	43.47	113%	RP 273 Pt.
	100m Bruços	5	1:25.85	1:33.00	117%	RP 306 Pt.
	50m Mariposa		35.28	35.21	100%	270 Pt.
	50m Mariposa		35.59	35.21	98%	263 Pt.
	100m Mariposa	4	1:16.07	1:32.19	147%	RP 287 Pt.
	200m Estilos	3	2:40.73	2:43.93	104%	RP 355 Pt.
Samagaio Iolanda Santos 98 :	50m Livres		43.01	43.28	101%	RP 170 Pt.
	100m Livres	19	1:27.34	1:32.36	112%	RP 216 Pt.
	50m Costas		45.67	48.29	112%	RP 203 Pt.
	100m Costas	19	1:34.41	1:41.16	115%	RP 226 Pt.
	50m Bruços		53.51	56.00	110%	RP 177 Pt.
	100m Bruços	19	1:52.28	1:57.91	110%	RP 193 Pt.
	50m Mariposa		56.03	54.34	94%	95 Pt.
	50m Mariposa		55.74	54.34	95%	96 Pt.
	100m Mariposa	20	1:59.41	2:04.98	110%	RP 105 Pt.
	200m Estilos	19	3:25.43	3:43.18	118%	RP 243 Pt.
Santos Carlos Eduardo 96 :	50m Livres		33.45	33.73	102%	RP 251 Pt.
	100m Livres	8	1:10.70	1:13.01	107%	RP 284 Pt.
	50m Costas		37.98	39.78	110%	RP 236 Pt.
	100m Costas	9	1:19.51	1:21.37	105%	RP 256 Pt.
	50m Bruços		41.68	43.57	109%	RP 259 Pt.
	100m Bruços	10	1:29.38	1:33.52	109%	RP 271 Pt.
	50m Mariposa		42.30	40.70	93%	156 Pt.
	50m Mariposa		39.94	40.70	104%	RP 186 Pt.
	100m Mariposa	13	1:37.69	1:35.47	96%	136 Pt.
	200m Estilos	11	2:53.76	2:58.29	105%	RP 281 Pt.

Santos Mariana Pereirinha 98 :	50m Livres		33.73	33.15	97%		352 Pt.
	100m Livres	8	1:10.46	1:11.29	102%	RP	412 Pt.
	50m Costas		39.13	40.87	109%	RP	322 Pt.
	100m Costas	3	1:19.72	1:25.07	114%	RP	375 Pt.
	50m Bruços		45.45	45.09	98%		290 Pt.
	100m Bruços	10	1:35.49	1:38.32	106%	RP	314 Pt.
	50m Mariposa		39.98	39.42	97%		261 Pt.
	50m Mariposa		39.84	39.42	98%		264 Pt.
	100m Mariposa	9	1:26.45	1:25.57	98%		278 Pt.
	200m Estilos	9	2:53.89	2:53.73	100%		401 Pt.

4 x 100m Estilos Femin.	:	Lopes Cristiana Margarida	1:18.82	Guerra Mariana Cunha	1:13.93	3	5:11.45
		Machado Florbela Cavaco	1:29.78	Santos Mariana Pereirinha			

Total 162 resultados individuais, desempenho médio: 106,1%  
 2 novos rec. Clube, 113 novos rec. pessoais  
 Maior melhoria: Portasio Alexandro Malva, 100m Mariposa 1:16.07