

**Sociedade Columbofila Cantanhedense**  
**Campeonato Distrital de Verão - Infantis**

**Rio Maior (POR) 01-07--03-07-2011**

Sumário de resultados

Piscina longa (50m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Carvalho Eduardo Filipe	97 :	50m Livres		30.67		31.38	105%	Pt.
		50m Livres		29.78		31.38	111%	Pt.
		50m Livres		32.11		31.38	96%	Pt.
		50m Livres		30.39		31.38	107%	Pt.
		100m Livres		1:08.23		1:06.69	96%	Pt.
		100m Livres		1:04.74		1:06.69	106%	Pt.
		100m Livres		1:03.09		1:06.69	112%	Pt.
		100m Livres		1:03.52		1:06.69	110%	Pt.
		200m Livres	3	2:10.87		2:19.82	114%	Pt.
		200m Livres	Est	2:12.08		2:19.82	112%	Pt.
		200m Livres		2:19.99		2:19.82	100%	Pt.
		200m Livres		2:14.55		2:19.82	108%	Pt.
		400m Livres	2	4:31.61		4:47.92	112%	Pt.
		400m Livres		4:43.57		4:47.92	103%	Pt.
		800m Livres		9:31.10		9:52.86	108%	Pt.
		1500m Livres	2	18:03.13		19:00.82	111%	Pt.
		50m Mariposa		33.76		31.99	90%	Pt.
		100m Mariposa		1:09.40		1:08.66	98%	Pt.
		100m Mariposa		1:10.43		1:08.66	95%	Pt.
		200m Mariposa	3	2:29.68		2:26.09	95%	Pt.
		400m Estilos	2	5:10.53		5:29.79	113%	Pt.
Costa Maria Malaguerra	98 :	50m Livres		30.68		29.31	91%	Pt.
		50m Livres		30.32		29.31	93%	Pt.
		50m Livres		31.66		29.31	86%	Pt.
		100m Livres	1	1:02.80		1:03.21	101%	Pt.
		100m Livres		1:04.52		1:03.21	96%	Pt.
		100m Livres		1:06.92		1:03.21	89%	Pt.
		200m Livres		2:20.39		2:14.51	92%	Pt.
		200m Livres	1	2:15.17		2:14.51	99%	Pt.
		400m Livres		4:52.39		4:55.11	102%	Pt.
		800m Livres	1	9:50.85		--:--		Pt.
		50m Costas		33.80		33.64	99%	Pt.
		50m Costas		34.03		33.64	98%	Pt.
		100m Costas		1:11.66		1:10.97	98%	Pt.
		100m Costas	1	1:10.13		1:10.97	102%	Pt.
		100m Costas	Est	1:10.03		1:10.97	103%	Pt.
		200m Costas	1	2:30.49		2:34.46	105%	Pt.
Coutinho Alexandre Valdagua	97 :	50m Livres		30.25		29.64	96%	Pt.
		100m Livres		1:04.14		1:00.91	90%	Pt.
		200m Livres		2:14.50		2:15.42	101%	Pt.
		400m Livres	3	4:32.14		4:50.46	114%	Pt.
		50m Mariposa		31.72		31.46	98%	Pt.
		50m Mariposa		31.31		31.46	101%	Pt.
		50m Mariposa		33.53		31.46	88%	Pt.
		100m Mariposa		1:11.37		1:06.57	87%	Pt.
		100m Mariposa	1	1:05.97		1:06.57	102%	Pt.
		100m Mariposa		1:11.86		1:06.57	86%	Pt.
		200m Mariposa	1	2:26.98		2:42.23	122%	Pt.
		200m Estilos	7	2:33.44		2:41.65	111%	Pt.
		400m Estilos	7	5:18.74		5:46.21	118%	Pt.

Dias Diogo Rodrigues	98 :	50m Livres		36.01	36.91	105%	RP	Pt.
		50m Livres		36.90	36.91	100%	RP	Pt.
		100m Livres	39	1:15.26	1:18.73	109%	RP	Pt.
		100m Livres		1:19.17	1:18.73	99%		Pt.
		200m Livres	32	2:45.35	2:44.02	98%		Pt.
		50m Costas		41.07	39.64	93%		Pt.
		100m Costas		1:24.53	1:20.83	91%		Pt.
		100m Costas	18	1:21.41	1:20.83	99%		Pt.
		200m Costas	18	2:51.76	2:49.51	97%		Pt.
		50m Bruços		47.24	46.98	99%		Pt.
		100m Bruços		1:40.35	1:39.25	98%		Pt.
		200m Bruços	15	3:27.59	--:--		RP	Pt.
Duarte Ana Mafalda	99 :	50m Livres		35.98	36.66	104%	RP	Pt.
		50m Livres		37.78	36.66	94%		Pt.
		100m Livres		1:16.06	1:17.63	104%	RP	Pt.
		100m Livres		1:19.38	1:17.63	96%		Pt.
		200m Livres	17	2:37.96	2:40.85	104%	RP	Pt.
		200m Livres		2:45.85	2:40.85	94%		Pt.
		400m Livres		5:39.32	5:34.38	97%		Pt.
		800m Livres	11	11:18.99	--:--		RP	Pt.
		50m Costas		40.69	41.64	105%	RP	Pt.
		100m Costas		1:24.40	1:25.76	103%	RP	Pt.
		200m Costas	6	2:53.04	2:53.60	101%	RP	Pt.
		50m Mariposa		39.77	41.41	108%	RP	Pt.
		100m Mariposa		1:27.17	--:--		RP	Pt.
		200m Estilos	6	2:55.41	3:02.11	108%	RP	Pt.
		400m Estilos	10	6:06.49	--:--		RP	Pt.
Duarte Ana Vanessa	99 :	50m Costas		44.78	46.77	109%	RP	Pt.
		100m Costas	20	1:28.81	1:36.42	118%	RP	Pt.
		100m Costas		1:32.09	1:36.42	110%	RP	Pt.
		200m Costas	19	3:05.17	3:13.84	110%	RP	Pt.
		50m Mariposa		39.25	39.69	102%	RP	Pt.
		50m Mariposa		39.20	39.69	103%	RP	Pt.
		50m Mariposa		37.97	39.69	109%	RP	Pt.
		100m Mariposa		1:25.55	1:27.29	104%	RP	Pt.
		100m Mariposa	5	1:24.84	1:27.29	106%	RP	Pt.
		200m Mariposa	8	3:03.28	3:06.81	104%	RP	Pt.
		200m Estilos	14	3:01.36	3:13.79	114%	RP	Pt.
Galhano Eduardo Reis	98 :	50m Livres		35.96	35.31	96%		Pt.
		50m Livres		36.10	35.31	96%		Pt.
		100m Livres	37	1:14.15	1:12.17	95%		Pt.
		100m Livres		1:15.47	1:12.17	91%		Pt.
		200m Livres	25	2:34.99	2:36.34	102%	RP	Pt.
		50m Mariposa		38.65	--:--		RP	Pt.
		200m Estilos	25	2:56.79	--:--		RP	Pt.
Goncalves Diogo Mendes	97 :	50m Livres		32.53	--:--		RP	Pt.
		50m Livres		33.26	--:--		RP	Pt.
		100m Livres	Est	1:09.22	1:11.59	107%	RP	Pt.
		100m Livres		1:10.93	1:11.59	102%	RP	Pt.
		200m Livres		2:26.82	--:--		RP	Pt.
		400m Livres	13	4:59.30	5:09.16	107%	RP	Pt.
		50m Bruços		38.70	39.50	104%	RP	Pt.
		50m Bruços		40.65	39.50	94%		Pt.
		100m Bruços	9	1:23.23	1:23.49	101%	RP	Pt.
		100m Bruços		1:26.98	1:23.49	92%		Pt.
		200m Bruços	6	2:58.51	2:55.89	97%		Pt.
		50m Mariposa		39.06	--:--		RP	Pt.
		100m Mariposa		1:26.52	--:--		RP	Pt.
		200m Estilos	24	2:45.11	2:44.43	99%		Pt.
		400m Estilos	16	5:42.46	5:58.93	110%	RP	Pt.

Guerra Mariana Cunha	98 :	50m Livres		30.77	29.79	94%		Pt.
		50m Livres		31.42	29.79	90%		Pt.
		50m Livres		30.76	29.79	94%		Pt.
		100m Livres	Est	1:03.34	1:02.66	98%		Pt.
		100m Livres		1:04.19	1:02.66	95%		Pt.
		100m Livres		1:05.34	1:02.66	92%		Pt.
		200m Livres		2:16.23	2:13.17	96%		Pt.
		200m Livres	Est	2:13.09	2:13.17	100%	RCSCC	Pt.
		400m Livres	1	4:36.99	4:46.19	107%	RP	Pt.
		50m Mariposa		32.22	31.78	97%		Pt.
		50m Mariposa		33.11	31.78	92%		Pt.
		50m Mariposa		33.88	31.78	88%		Pt.
		100m Mariposa		1:11.20	1:08.19	92%		Pt.
		100m Mariposa	1	1:08.24	1:08.19	100%		Pt.
		100m Mariposa		1:10.19	1:08.19	94%		Pt.
		200m Mariposa	1	2:27.42	2:26.78	99%		Pt.
		200m Estilos	1	2:31.10	2:34.52	105%	RCSCC	Pt.
		400m Estilos	1	5:20.06	5:27.57	105%	RCSCC	Pt.
Machado Vanessa Branco	98 :	50m Livres		32.23	31.91	98%		Pt.
		50m Livres		31.40	31.91	103%	RP	Pt.
		50m Livres		32.87	31.91	94%		Pt.
		50m Livres		32.01	31.91	99%		Pt.
		100m Livres	2	1:04.71	1:05.49	102%	RP	Pt.
		100m Livres		1:08.52	1:05.49	91%		Pt.
		100m Livres		1:07.32	1:05.49	95%		Pt.
		100m Livres		1:09.81	1:05.49	88%		Pt.
		200m Livres		2:26.97	2:27.81	101%	RP	Pt.
		200m Livres		2:23.17	2:27.81	107%	RP	Pt.
		200m Livres	2	2:19.52	2:27.81	112%	RP	Pt.
		400m Livres	2	4:53.53	5:03.20	107%	RP	Pt.
		400m Livres		5:03.82	5:03.20	100%		Pt.
		800m Livres	3	10:15.80	10:11.39	99%		Pt.
		100m Mariposa		1:21.63	1:32.26	128%	RP	Pt.
		400m Estilos	6	5:56.54	6:32.01	121%	RP	Pt.
Marques Diogo Manuel	98 :	50m Livres		33.44	34.11	104%	RP	Pt.
		50m Livres		34.59	34.11	97%		Pt.
		100m Livres		1:10.01	1:11.63	105%	RP	Pt.
		100m Livres		1:13.32	1:11.63	95%		Pt.
		200m Livres		2:26.44	2:29.14	104%	RP	Pt.
		200m Livres		2:32.36	2:29.14	96%		Pt.
		400m Livres	4	4:55.41	5:04.37	106%	RP	Pt.
		400m Livres		5:12.58	5:04.37	95%		Pt.
		800m Livres		10:30.01	10:13.54	95%		Pt.
		1500m Livres	3	19:43.70	19:31.28	98%		Pt.
		50m Mariposa		35.61	35.57	100%		Pt.
		100m Mariposa	8	1:15.62	1:16.29	102%	RP	Pt.
		100m Mariposa		1:15.90	1:16.29	101%	RP	Pt.
		400m Estilos	5	5:44.10	--.--		RP	Pt.
Mota Leandro Fernandes	98 :	50m Livres		30.30	32.12	112%	RP	Pt.
		50m Livres		30.31	32.12	112%	RP	Pt.
		50m Livres		31.59	32.12	103%	RP	Pt.
		100m Livres	Est	1:04.07	1:07.86	112%	RP	Pt.
		100m Livres	4	1:03.54	1:07.86	114%	RP	Pt.
		100m Livres		1:07.37	1:07.86	101%	RP	Pt.
		200m Livres	2	2:18.75	2:19.19	101%	RP	Pt.
		50m Costas		36.77	36.28	97%		Pt.
		100m Costas		1:17.50	1:16.90	98%		Pt.
		100m Costas	5	1:14.40	1:16.90	107%	RP	Pt.
		200m Costas	6	2:40.93	2:37.79	96%		Pt.

Portasio Alexandro Malva	97 :	50m Livres		31.86	28.29	79%		Pt.
		50m Livres		30.41	28.29	87%		Pt.
		100m Livres		1:07.01	1:02.67	87%		Pt.
		100m Livres	6	1:02.21	1:02.67	101%	RP	Pt.
		200m Livres	9	2:18.39	2:15.07	95%		Pt.
		50m Costas		36.13	34.67	92%		Pt.
		50m Costas		36.15	34.67	92%		Pt.
		100m Costas	Est	1:12.80	1:13.47	102%	RP	Pt.
		100m Costas		1:14.01	1:13.47	99%		Pt.
		100m Costas	3	1:11.13	1:13.47	107%	RP	Pt.
		200m Costas	4	2:30.67	2:34.55	105%	RP	Pt.
		50m Mariposa		34.58	33.43	93%		Pt.
		200m Estilos	12	2:35.86	2:33.95	98%		Pt.
Samagaio Iolanda Santos	98 :	50m Livres		38.29	38.25	100%		Pt.
		50m Livres		38.44	38.25	99%		Pt.
		100m Livres	35	1:20.09	1:20.33	101%	RP	Pt.
		100m Livres		1:22.25	1:20.33	95%		Pt.
		200m Livres	28	2:48.19	2:54.80	108%	RP	Pt.
Stefaniv Roman	98 :	50m Livres		33.41	32.43	94%		Pt.
		50m Livres		32.15	32.43	102%	RP	Pt.
		50m Livres		30.70	32.43	112%	RP	Pt.
		50m Livres		31.59	32.43	105%	RP	Pt.
		100m Livres		1:12.41	1:09.96	93%		Pt.
		100m Livres		1:08.41	1:09.96	105%	RP	Pt.
		100m Livres		1:09.15	1:09.96	102%	RP	Pt.
		100m Livres	7	1:04.34	1:09.96	118%	RP	Pt.
		200m Livres	Est	2:22.88	2:23.06	100%	RP	Pt.
		200m Livres		2:28.79	2:23.06	92%		Pt.
		200m Livres	6	2:22.74	2:23.06	100%	RP	Pt.
		400m Livres	7	4:59.55	5:22.00	116%	RP	Pt.
		50m Costas		38.57	41.74	117%	RP	Pt.
		100m Costas	12	1:18.76	1:27.74	124%	RP	Pt.
		100m Costas	Est	1:17.70	1:27.74	128%	RP	Pt.
		50m Mariposa		33.54	34.46	106%	RP	Pt.
		200m Estilos	4	2:39.74	2:41.60	102%	RP	Pt.
4 x 100m Livres Masc.	:	Goncalves Diogo Mendes	1:09.22	Carvalho Eduardo Filipe	1:01.57	3	4:15.49	
		Coutinho Alexandre Valdagua	1:02.38	Portasio Alexandro Malva				
4 x 100m Livres Masc.	:	Mota Leandro Fernandes	1:04.07	Marques Diogo Manuel	1:05.71	2	4:28.29	
		Stefaniv Roman	1:06.05	Galhano Eduardo Reis				
4 x 100m Livres Femin.	:	Guerra Mariana Cunha	1:03.34	Machado Vanessa Branco	1:06.61	2	4:31.64	RCSCC
		Costa Maria Malaguerra	1:03.11	Samagaio Iolanda Santos				
4 x 200m Livres Masc.	:	Carvalho Eduardo Filipe	2:12.08	Coutinho Alexandre Valdagua	2:13.03	2	9:02.88	
		Portasio Alexandro Malva	2:15.15	Goncalves Diogo Mendes				
4 x 200m Livres Masc.	:	Stefaniv Roman	2:22.88	Mota Leandro Fernandes	2:21.65	2	9:39.69	
		Marques Diogo Manuel	2:20.71	Galhano Eduardo Reis				
4 x 200m Livres Femin.	:	Guerra Mariana Cunha	2:13.09	Machado Vanessa Branco	2:23.66	1	9:39.52	RCSCC
		Costa Maria Malaguerra	2:15.72	Samagaio Iolanda Santos				
4 x 100m Estilos Masc.	:	Portasio Alexandro Malva	1:12.80	Coutinho Alexandre Valdagua	1:08.16	4	4:46.91	
		Goncalves Diogo Mendes	1:24.31	Carvalho Eduardo Filipe				
4 x 100m Estilos Masc.	:	Stefaniv Roman	1:17.70	Marques Diogo Manuel	1:16.43	3	5:14.07	
		Galhano Eduardo Reis	1:36.08	Mota Leandro Fernandes				
4 x 100m Estilos Femin.	:	Costa Maria Malaguerra	1:10.03	Guerra Mariana Cunha	1:08.66	1	5:11.65	
		Machado Vanessa Branco	1:33.74	Samagaio Iolanda Santos				

Total 204 resultados individuais, desempenho médio: 101,2%

7 novos rec. Clube, 114 novos rec. pessoais

Maior melhoria: Machado Vanessa Branco, 100m Mariposa 1:21.63